



Beyond Limits Class

Let Your Life Soar Beyond Limits!

Practical Spirituality for Dynamic Living

Give yourself the unequalled gift of ten power-filled sessions that can transform your life. Thrive in the supportive atmosphere of expansive creativity and total acceptance. Through in-depth study of three basic principles of the Science of Mind and Spirit, life enhancing Personal Awakenings will be cultivated.



EVERY HUMAN BEING IS A DOORWAY THROUGH WHICH THE INFINITE PASSES INTO THE FINITE, THROUGH WHICH GOD BECOMES HUMAN, THROUGH WHICH THE UNIVERSAL BECOMES INDIVIDUAL.

Ralph Waldo Emerson

In Beyond Limits, you will discover:

- Powerful practical tools for everyday miracles: Creative Thinking, Spiritual Mind Treatment (Affirmative Prayer), Meditation, Empowered Intentions, and much more
- A “you” far greater than you may realize
- Access to infinite possibilities...and the power of “Yes”
- Authentic expression of your purpose and gifts
- 3 Universal Principles to help you cause your life
- Unleash the Power of Creation through Your Word fueled with Your Intent
- Your essential spirituality freed of superstition, guilt and fear

10 sessions beginning Monday, September 14, 7:00 – 9:30 pm, Close to Duval and Hwy 183

Required texts: How to Change Your Life, Dr. Ernest Holmes &

Creative Ideas: A Spiritual Compass for Personal Expression, Dr. Ernest Holmes

Taught by Lamar Irwin, RScP 512-704-4604, lamar@mindtechnology.com

No prerequisite. This is a prerequisite for all other certificated classes.

\$225 includes a \$45 fee that goes to the CSL home office. Contact me if you need payment arrangements. If you have taken this class before and CSL has record of it you can retake the class for \$160. Retaking a quality class is always rewarding. I’ve done it many times; one for 5 years. Every time you will learn more and evolve more.

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There is nothing more powerful than you acting on your constant ability to change to have a better quality of living, to achieve what is your passion and to provide your service to better humanity.

It begins with a choice made from deep within you that it is time. NOW is the time. The commitment you make with yourself is most sacred and powerful when fueled with a deep desire and intent.

Allow yourself to take this class to lay a foundation for living a higher quality of life, knowing how to heal things that are not working, create what you desire to have in life and become who you desire to BE.

There is nothing more beautiful than a person who is unfolding into their Brighter and Greater Expression in Life.

First three weeks...some of what is learned

Week 1

Basic Principle One → Oneness

- How to work with affirmations:
 - Writing them
 - Daily use to move you forward
 - Uncover Hidden Beliefs
 - 7 Days of Affirmations

Week 2

- Basic Principle Two → The Creative Process
- Invisible Principle... Visible Results
- Empowering Language

Week 3

- Basic Principle Three → Affirmative Prayer and Empowered Consciousness
- Unlock the Power of Your Word
- Heal through a 5-Step Affirmative Power
- Contemplative Meditation

Since belief and faith are mental attitudes, no external condition whatsoever can hinder us from thinking independently of our present circumstances and thereby creating a new set of situations more nearly molded after the heart's desire.

Words That Heal Today
Ernest Holmes

There is a destiny that makes us brothers,
No man goes his way alone.
All that we send into the lives of others
comes back into our own.

~ Edwin Markham